

# SNOWDON SUNSET TREK



## Highlights

- Ascend the mighty Yr Wyddfa (Snowdon) in the late afternoon when the summit is less crowded
- Experience dusk descend across the vast Snowdonian landscape
- Stand at the highest peak in Wales and England, the mighty Snowdon at 1085m at sunset
- Descend under a blanket of stars, experience the wonder and serenity of night trekking
- Accompanied by friendly local Mountain Leaders
- Trek with pride knowing that you are helping us continue our support of the Snowdonia Society and Cool Earth
- Option to still have a full nights sleep post-trek
- Private trips available for groups over 8 people
- We look forward to welcoming you to our beautiful homeland of Wales.
- Adventurous Ewe is a Gold Accredited Snowdonia National Park Ambassador.



# WELCOME / CROESO

## Overview

Tackle the highest mountain in England and Wales and experience the colour changes as dusk descends across the impressive Snowdonia National Park. Trekking Snowdon at 1,085 metres during the late afternoon will reward you with a memorable summit experience at sunset amid less crowds for this iconic British mountain feat. Seeing the sun dip behind the vast panoramic mountainous landscape will be a memory to cherish for a lifetime! Upon your descent you can marvel at the star filled sky as Snowdonia is marked as a Dark Sky Reserve, a prestigious award given by the International Dark Sky Association to places with outstanding night air quality. This trek gives you the opportunity to experience the mighty Yr Wyddfa (Snowdon) in both day and night conditions along the most gradual route of the Llanberis Path.

Trekking with Adventurous Ewe means you not only experience this iconic mountain with locally based, friendly Mountain Leaders, your summit will be in support of the Snowdonia Society and Cool Earth. So your climb will benefit nature both near and far.

If you have any questions please get in touch by email: [info@adventurousewe.co.uk](mailto:info@adventurousewe.co.uk) or call 01492 588 069.

We look forward to welcoming you to our home-land of Wales for this brand new adventure.





# TRIP SUMMARY



**Activity:** Late afternoon / night trek  
**Duration:** 1 night  
**Active time:** Approx 6 hours  
**Distance:** Approx 9 miles trekking  
**Ascent:** Snowdon at 1085m  
**Cost:** Deposit: £25 per person  
Remaining balance: £50 per person  
Total cost: £75 per person

**Group size:** 8 – 40 people  
**Level of difficulty:** ■ ■ ■ ■  
**Medium/Tough**  
**Dates:** April through to September

# ROUTE MAP

Get ready for an adventure



## Llanberis Path

Total distance:

9 miles

Total ascent:

975m

Trekking time:

approx. 6 – 7 hours

Terrain:

rocky mountain path



# ITINERARY

## Two boots. One mountain. A great adventure.

### Snowdon Sunset

In the late afternoon you will meet your local Mountain Leader in the late afternoon at the Snowdon Railway Station (Llanberis, LL55 4TY). *The exact time will be based on when sunset will be to coincide with your summit bid.*

In the late afternoon you'll ascend via the most gradual route of Snowdon, the Llanberis Path, allowing you the opportunity to admire the views and changing colours across the vast mountainous landscapes. On reaching the summit there's plenty of time to witness the colour changes as dusk descends across Snowdonia National Park whilst also celebrate your summit success.

Then when the night sky starts to dominate the skyline, you'll start your descent via the same path to experience a new realm of trekking. Snowdonia National Park has been awarded an International Dark Sky Reserve status of which there are just ten of these magical reserves in the world. Meaning that on a clear night you can see the Milky Way, all the major constellations, nebulas (bright clouds of gas and dust) and shooting stars.

On completing this trek you then have the option of a full night's sleep to further explore the area the following day or you can return home if you live nearby.

This trek is ideal for people who are new to night trekking, mountain trekking or whom want to experience Yr Wyddfa (Snowdon) at different times of the day & night.

*Please note, Adventurous Ewe reserves the right to change the route or itinerary for safety reasons should local conditions dictate.*

*Please ensure you have all the correct kit with you. Mandatory items include: hiking boots, waterproof jacket (with hood) AND trousers, an additional warm layer, beanie, gloves, head torch with spare batteries and 2L water & snacks.*

# ITINERARY CONTINUED

## Extend your stay in Snowdonia

### TRIP EXTENSIONS

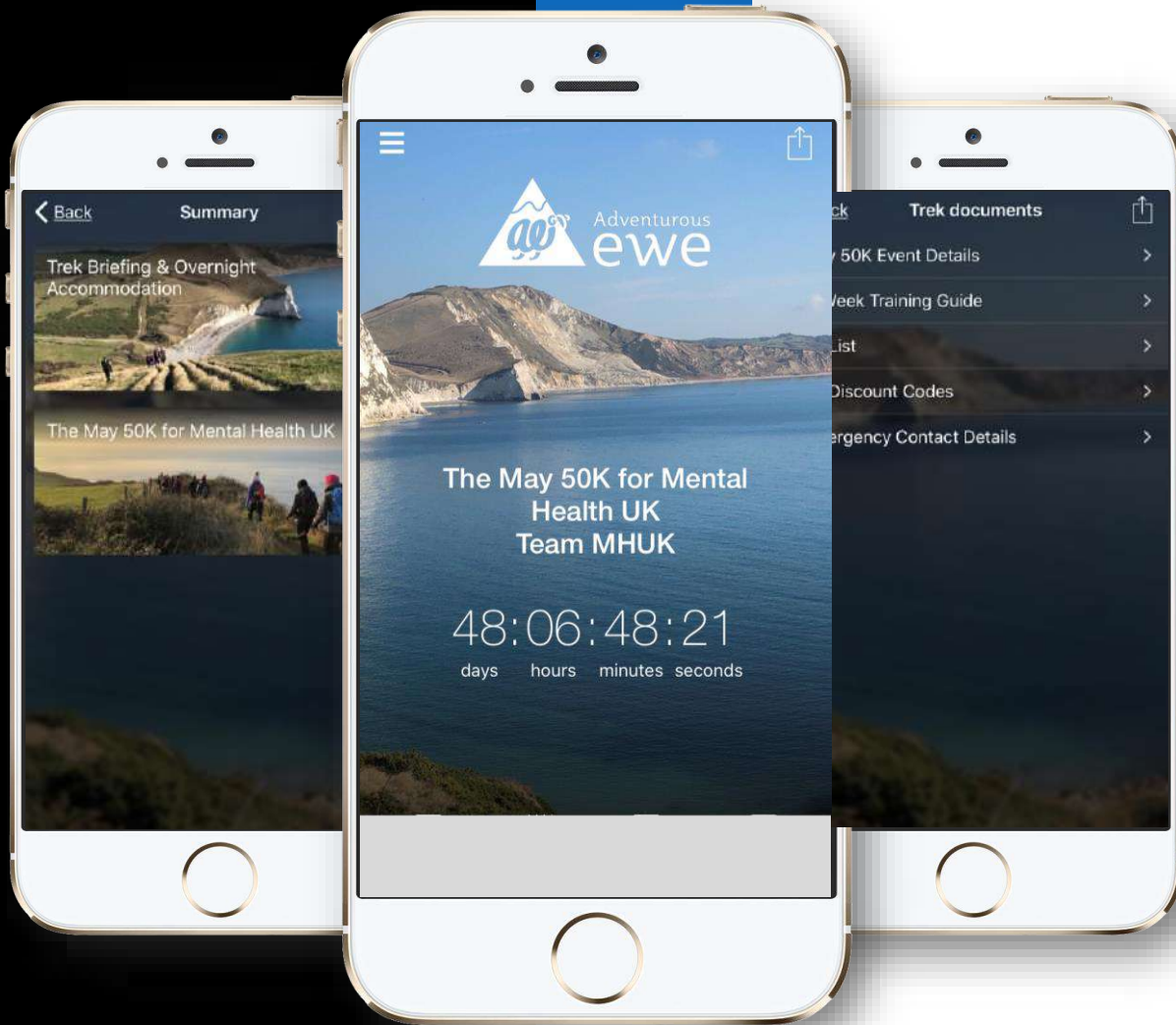
If you wish to extend your stay in Snowdonia, we can help you with plenty of recommendations of things to do and see and places to stay and eat. There's many other areas of Snowdonia which are worth exploring and some great adventures to be had if your time permits. Please contact us for more info or to make any bookings for the trip extensions below:

- Zip World & Quarry Karts <https://www.zipworld.co.uk/>
- Snowdonia Adventure Parc (surfing, indoor & outdoor climbing, etc.) <https://www.adventureparcsnowdonia.com/>
- Go Below <https://www.go-below.co.uk/>
- Adventurous Ewe Bike Hire and recommended cycling routes around Snowdonia, Conwy and Llandudno
- Adventurous Ewe Mountain Leader to guide you on a bespoke trek in Snowdonia ie. Tryfan, the Glyders, Y Garn and all the Carneddau peaks
- Aber Falls Walk and Aber Falls Gin Distillery Tours <https://www.aberfallsdistillery.com/en/>
- Gwinllan Conwy Vineyard Wine Tour / Cheese Tasting <https://gwinllanconwy.co.uk/>

Both Jim and Sue have plenty of helpful tips and local knowledge to make your stay in Snowdonia a memorable one. Feel free to chat to us directly for bookings or for any more info on extending your stay. Email [info@adventurousewe.co.uk](mailto:info@adventurousewe.co.uk) or call 01492 588 069.

# TRAVEL APP

Once signed up, all your trip details and updates will be available through our free travel app. It's accessible 24/7 and the excitement will build with the countdown to your adventure starts. Plus no more paper, A'ppy days.



## TRIP SUMMARY

Overview of trip



## TRIP DETAILS

Itinerary, activity details and inclusions



## TRAVEL DOCUMENTS

Training guide, kit list & exclusive discount codes, meet the team, emergency contact details, safety & wellbeing guidelines



## OTHER INFO

Weather, maps, etc.



# ESSENTIAL INFO

The nuts & bolts of your adventure



## Safety & well-being

Adventurous Ewe puts the safety and well-being of you, our leaders & crew and the communities we visit at the centre of all our operations, always. Your safety and wellbeing is our top priority and as such we have implemented a new operational procedures focused on safety and strong hygiene practices for all our adventures.

The Snowdon Sunset Trek will require preparation as the event is designed to take you out of your every-day comfort zone and achieve something great. Rest assured we have a thorough Safety Management System, in-depth risk assessments and risk management systems in place.

You're in safe hands with Adventurous Ewe.



## Leaders & crew

You will be accompanied by certified Adventurous Ewe Leaders for your trek. They're a friendly bunch with a huge level of care and a great sense of humour. Rest assured they are fully experienced and remote first aid qualified. They will be ultimately responsible for the running of the itinerary and the safety of your group.

Leaders will carry safety equipment and first aid kits with them at all times. Please note, these kits are for emergencies only so please come prepared with your own personal first aid items.

The Leaders and Crew will also be in constant radio communication with base throughout your adventure.



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## Level of difficulty

The Snowdon Sunset Trek is graded as '**Medium/Tough**'. It's a great introduction to night time mountain trekking.

Preparation is key to help you get the most enjoyment and reward from this adventure. A good level of fitness, endurance and some gritty determination will help you conquer this mountain trek. A training programme will be provided to help you reach the start line knowing that you're set to enjoy the adventure ahead.

The trek is via the Llanberis Path involving 975 metres of ascent on a rocky mountain path.



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## Group size

We pride ourselves in small group events to minimise the impact on the environment, to maximise your safety & wellbeing and to make your experience more authentic.

The minimum group size for event is **8 people** and the maximum group size is **40 people**. You will be split into groups of no more than 10 people per team for this trek.

You are most welcome to join this adventure as a group of friends, family or colleagues or as a solo traveller. You are also welcome to use this trip as a fundraiser for the charity of your choice.

If you have a group of 8 or more people, we would be more than happy to run a private trip for your team. Please get in touch for more info.

## Training

A Trek Training Programme will be provided when you join this trek to help you with your preparations.

We also have exclusive offers with our Training Partners and Communities. For more info, please visit our [Training and Preparation](#) page.

The more you are prepared, the more you will enjoy the challenge.

**Our motto is: Train hard, smile harder and enjoy the journey!**

## Kit and discount codes

A full kit list will be provided when you join this night trek together with an exclusive Adventurous Ewe discount code for independent outdoor retailers **Joe Brown, The Climbers Shop** and **ashmei** athletic apparel where sustainability meets performance.

Rest assured any equipment that we supply will be hygienically cleaned and sanitised.



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## Adventure with purpose

Adventurous Ewe is a **Snowdon Visit Specialist** and we also support the vital work of the **Snowdonia Society** who work tirelessly to ensure that Snowdonia is well-protected, well-managed and enjoyed by all.

We've also teamed up with leading climate change charity **Cool Earth** and invest a % of our revenue into supporting their critical conservation projects around the world.

These partnerships mean that just by joining the flock and taking part in this trek, you will not only have an incredible experience, but you can do so by knowing you are actively supporting rainforest communities across the globe.

# Any queries?

Feel free to contact Jim or Sue at:

[jim@adventurousewe.co.uk](mailto:jim@adventurousewe.co.uk)

[susan@adventurousewe.co.uk](mailto:susan@adventurousewe.co.uk)

call 01492 588 069 or chat to us online via the website.

We're here to help, support and guide you as much as you need.



# WHY ADVENTUREOUS EWE

## Big adventures, small footprints

Here at Adventurous Ewe we think, talk, love, live and breathe adventure. We create and deliver worldwide adventures, whether they be trailblazing itineraries to remote pockets of the globe or classic bucket list adventures.

We're a friendly family business operating since 2007 with decades of adventure travel experience, knowledge and insight that you can depend on. We're passionate about igniting your adventurous spirit and achieving the extraordinary in some of the world's most incredible places. We're also proud to be the main UK trip supplier for **Much Better Adventures**.

We're also proud to operate adventures with reason by supporting both local and global environmental charities, the **Snowdonia Society** and **Cool Earth**. So by joining the flock for your next trip, experience the feel-good factor that you're helping the planet through these partnerships. We not only want to make a difference to your life, your experiences and your stories, but to the lives, communities and environments of this awe-inspiring planet.

## Why join us:

- ✓ Reconnect and gain a fresh perspective through the lens of adventure
- ✓ Be bold, be ambitious and experience a trailblazing journey
- ✓ Feel protected, feel safe and know your wellbeing is our focus
- ✓ Be part of something bigger and help the environment and local communities grow
- ✓ Meet the people of the planet and experience their warmth, their courage and their hospitality
- ✓ Enjoy the whole journey - the support, the new friend-sheeps and great achievements

We're excited to be immersed in your adventure from your very first step. Travel is a force for good, for everyone!

## All you need is the...

1. **Courage** to start
2. **Strength** to endure
3. **Determination** to finish! **#ewecandoit**

# HELPING SHAPE THE FUTURE OF TOURISM

Adventurous Ewe may only be a small tour operator however we are proud to be part of these fantastic initiatives with our operations and as a collective collaboration, make a difference to the safety and future of tourism.

## AITO Member

We're a member of [AITO](#) (The Specialist Travel Association) following an in-depth application process. As a quick overview, the membership is formed of companies, usually owner-managed like us, who create travel experiences with the highest levels of professionalism, quality travel experiences and excellent personal service. The Association also promotes the unique range of its members' travel packages and encourages the highest standards in all aspects of tour operating. Our membership also dictates that we have financial protection for all our trips and other travel arrangements.

## World Travel & Tourism Council's #SafeTravels

We have implemented the protocols for tour operators which have been compiled based on input from leading tour operators either directly or from their public announcements around the healthy, and responsible reopening of tour operations to the public. The protocols also take into account World Health Organisation (WHO), the US' Centres for Disease Control and Prevention (CDC) and the European Centre for Disease Prevention and Control (ECDC) guidelines. The objective is to ensure that protocols are in place across all relevant functions with an increased focus on health, hygiene, and reduction of physical contact guidance which travellers will need and expect to embrace a safe travel experience.

## Tourism Declares Climate Emergency and the Glasgow Declaration

As part of being part of Tourism Declares a Climate Emergency and signing the Glasgow Declaration, we have put in place an action plan to reduce our carbon emissions in the next 12 months.

## Future of Tourism

We've also joined the movement to reshape the Future of Tourism. We are excited to announce that Adventurous Ewe has signed the new set of Guiding Principles launched by the Future of Tourism Coalition. As a signatory, we commit to please destination needs at the centre of our recovery strategies and do our part to build a better tomorrow for travel and tourism.

Learn more at [www.futureoftourism.org](http://www.futureoftourism.org). #FutureofTourism

For more info please visit: <https://www.adventurousewe.co.uk/pre-trip-info/travel-with-confidence/>



**TOURISM DECLARES  
CLIMATE EMERGENCY**



# ADVENTURE WITH PURPOSE

**Our mission: to harness the power of travel to conserve and protect the world's precious natural spaces, one epic adventure at a time.**

**Our goal: to ensure rainforest communities benefit from adventure tourism, and to educate and inspire our flock to help actively support these communities across the planet.**

Now more than ever our commitment to maintain our support of one of the leading global climate change charities, **Cool Earth** and the local protection and sustainability work of the **Snowdonia Society**, is of utmost importance.

To do this we'll continue to contribute a % from every booking to Cool Earth and maintain our partnership with the Snowdonia Society. It's time that we all live in a more responsible world. This means that not only will you have a fabewelous experience when you travel with Adventurous Ewe, you can do so whilst taking pride in knowing that you are helping support both of these fantastic causes.

## **Snowdonia National Park Ambassador**

Adventurous Ewe have been a founding member of the Snowdonia National Park Ambassador Scheme since 2019. The scheme was formed to strengthen links between stakeholders working within the tourism industry and the National Park and provide training to create a greater understanding and knowledge about the area's natural and cultural resources, in order to improve the overall visitor and local experience.

For more info please visit: <https://www.adventurosewe.co.uk/about-us/adventurous-ewes-partnership-with-cool-earth/>



Cymdeithas Eryri  
Snowdonia Society

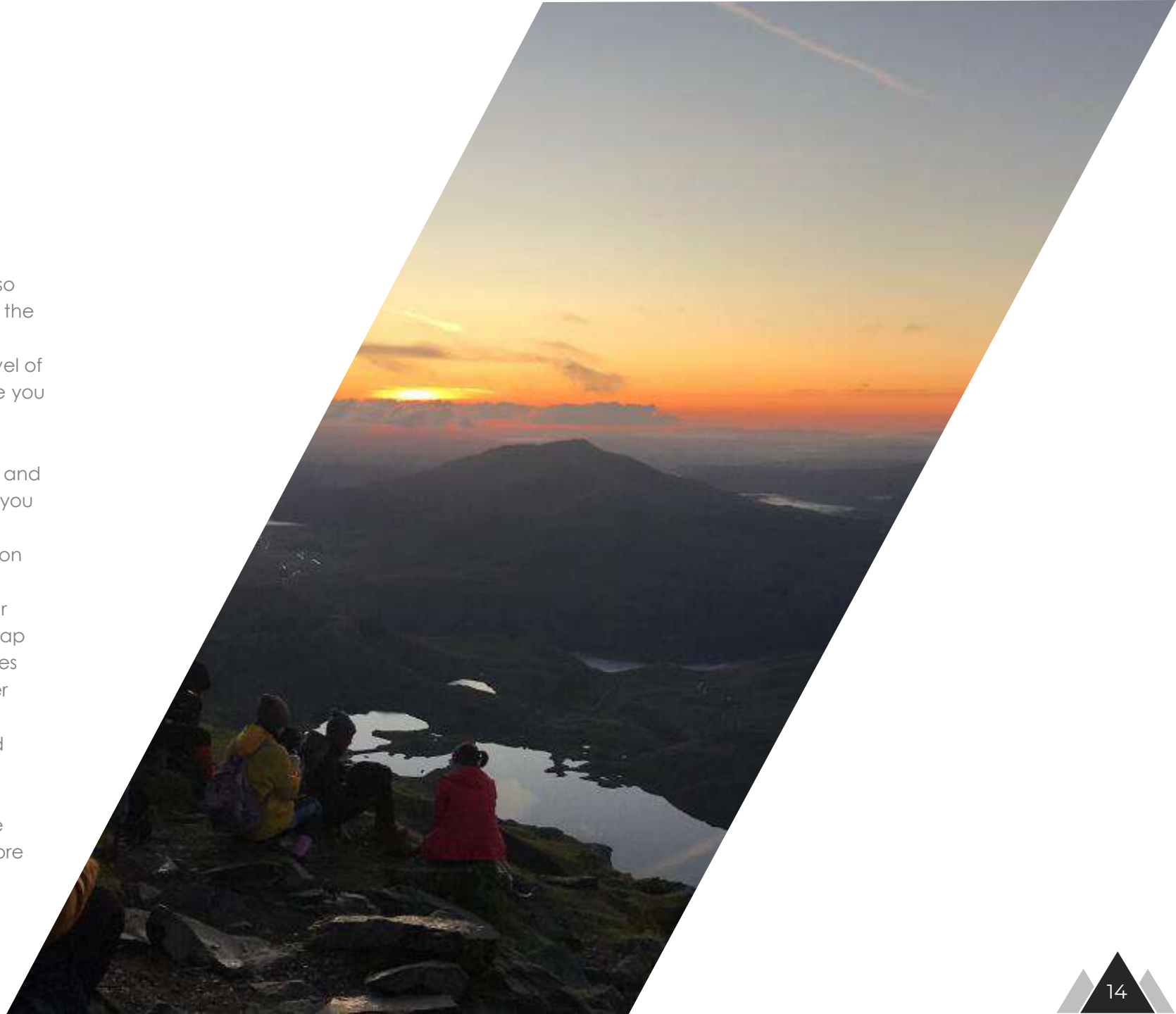


# TOP TIPS

## Snowdon Sunset Trek

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- Train in your walking kit in varying weather conditions so you know your kit is both suitable and comfortable for the trek
- Have a good head torch which produces a strong level of light to illuminate the terrain in front of you. Also ensure you have suitable spare batteries
- Pack your kit inside a dry bag for the trek, just in case
- Ensure you have a waterproofs, a warm layer, beanie and gloves and know where these are in your rucksack so you can access them easily when needed
- Keep your pack as light as possible without scrimping on essential kit
- Have your snacks and sweets easily accessible ie. your pockets or if your daypack has storage in the waist-strap
- Learn some photography tips for night skies and sunrises
- Bring your own facemask (optional) and hand sanitiser (essential)
- Trekking poles are a great way to provide stability and support your knees whilst hiking
- Look after your feet – blister prevention
- Bring some of your favourite snacks and a treat for the summit. Remove as much packaging as you can before taking it on your trip (less litter to carry)
- Bring your own water bottle and flask if you'd like to celebrate your summit success with a cuppa
- **Most importantly.....SMILE AND ENJOY THE ENTIRE EXPERIENCE**





# COST

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**Deposit:** £25 per person payable on booking

**Remaining balance:** £50 per person payable 6 weeks prior to start of trip

**Total cost:** £75 per person

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## **Book & Travel with Confidence**

As well as carefully crafting amazing and meaningful adventures across the planet, we've made booking them as flexible, safe and as simple as possible.

For the latest info regarding booking and travelling with Adventurous Ewe, please visit our [website](#).

## **Fundraising**

You're welcome to fundraise for a charity of your choice if you wish to do so. All sponsorship monies are to be sent directly to your chosen charity.

# INCLUSIONS & EXCLUSIONS

## SNOWDON SUNSET TREK

### INCLUDED

#### Pre-trip:

- Personalised trip support in the lead up to your adventure weekend from Adventurous Ewe
- Discount code for kit and equipment
- Trip info supplied via our free mobile travel app
- Training guide
- Public liability insurance
- Risk assessment and emergency management planning.

#### During your trip:

- Local Mountain Leader/s
- Full back-up support including first-aid qualified staff and first-aid supplies
- Entrance permission to national park
- All trip management and hygienic cleaning procedures of equipment before, during and post trek

### CAN BE ADDED AT AN ADDITIONAL COST

- Accommodation (if driving to Llanberis, we highly recommend you organise some accommodation in order to get some rest before driving home. We will provide you with accommodation recommendations or we can organise this for you at an additional cost).

### NOT INCLUDED

- Clothing and equipment listed on your Kit List
- Getting to the start and from the finish of the trek
- Personal spending money
- Any costs incurred with leaving the trip early ie. accommodation, change in travel arrangements ie. train tickets, etc.

**Two days prior to your trip, please check the mountain weather forecast and prepare accordingly. Visit [MWIS Snowdonia](#)**



# KIT LIST

Good quality, durable kit could mean the difference between a fantastic event and an uncomfortable one. This is a list of recommended kit to take on your Snowdon Sunset Trek.

## CLOTHING

### HIKE

- Waterproofs** - breathable waterproof jacket that has a good hood. Waterproof over-trousers – it is recommended that they have a long/full length zip so you can put them on whilst still wearing boots. Both of these items are essential
- Base layers** – preferably a synthetic wicking layer with a long-sleeved top
- Fleece**, wind-stopper or light weight down jacket
- Trousers** - fleece or synthetic / nylon or polyester. Avoid cotton they absorb moisture easily and thereby have a cooling effect
- Headwear** - warm woolly hat and cap/sunhat for descent
- Gloves** – wind-stopper gloves
- Casual clothes** for travel

Please note, we ask that you do not bring glow sticks or any other items that may be accidentally dropped or left on the mountain. You are welcome to wear face-paint or bright clothing for a bit of fun if you wish.

## FOOTWEAR

- Hiking boots** – well-worn in with ankle support and waterproof
- Socks** – recommend merino wool hiking socks

## BAG

- Rucksack** – comfortable 20 - 25 litre daypack with waist strap to carry your kit – waterproofs, warm layer, beanie, hat, gloves, snacks, water and personal items. A dry bag is recommended

## EQUIPMENT

- Water bottle** – (essential) 2-3 litre capacity or a platypus / camelbak system
- Thermos** – (optional) if you wish to take a hot drink
- Head torch** & spare batteries
- Sunglasses** – strong UVA/UVB protection preferable
- Trekking pole(s)** - optional. Please train with these prior to your trek

## ADDITIONAL ITEMS

- Hand sanitiser**
- Favourite snacks**, both sweet and savoury
- Electrolytes**
- Sunscreen and lip block** – SPF40 as a minimum
- Camera** – enclose in a dry bag
- Toiletries** – including biodegradable toilet roll & disposable bag (for toilet paper rubbish on the hike if needed) and toiletries for overnight accommodation
- Towel** – small travel towel
- Personal First Aid** - please bring any personal medication plus paracetamol, ibuprofen, electrolytes, rehydration sachets, antibacterial hand gel and plasters/Compeed blister pads, zinc oxide or Rock tape, etc.

## NICE TO HAVE

- Duct tape** for emergency repairs – (wrap some around your trekking pole or water bottle rather than carrying a whole roll)
- Ear plugs** – if staying in a hotel, hostel or camping
- Spare clothes** for casual wear.

# ADVENTUROUS EWE

Big Adventures, Small Footprints

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We not only want to make a difference to your life, your experiences and your stories, but to the lives, communities and environments of this awe-inspiring planet.

- We believe in epic goals, trailblazing adventures and pushing boundaries
- We cheer, salute and support every person stepping outside their comfort zone
- We celebrate the things that make us different and doing things that make a difference
- We dream big, aim high, inspire others and believe #ewecandoit



EPIC  
ADVENTURES

# CONTACT US

For any further info or any questions,  
please feel free to contact us at:



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Online chat on our website at  
<https://www.adventurousewe.co.uk/>



@Adventurous Ewe





We look forward to welcoming you to our homeland of Snowdonia National for this fabEWElous adventure.

